

**Music Box**

— JANUARY 29, 2012 —

**Robert Armstead, bass-baritone**  
**Melinda Coffey Armstead, piano and organ**

- El Velorio (The Wake) .....Ignacio Cervantes (1847-1905)
- Still wie die Nacht (Still as the Night) ..... Carl Bohm (1844-1920)
- Sea Pictures Op. 37 ..... Edward Elgar (1857-1934)
  - 2. In Haven
  - 4. Where Corals Lie
- A Sailor Tune ..... Herbert Howells (1892-1983)
- Wade in the Water ..... traditional Spiritual, arr. Mark Hayes
- The Anchor Holds ..... Lawrence Chewning & Ray Boltz
- Amén! .....Ignacio Cervantes

On Wednesday we set off for Florida, where old peoples' parents live. First on the agenda is a concert in Coral Gables, where I play in a benefit concert for the *Miami Bach Festival*. This was arranged by Karen Neal, the wonderful soprano who has appeared at Church in the Forest (most recently with her husband, sensational trumpeter Brian Neal, Christmas of 2010), of Miami.

Today's music is salty, because, to celebrate husband Bob's retirement from the Physics Department at the Naval Postgraduate School on January first, we take a seven-day Caribbean Cruise, following the concert. (Smug Emeritus Professor assumes it's Saturday morning whenever he wakes up. Simpler, he explains.)

As to the cruise, not to worry. We have taken out travel insurance for a full refund upon having to abandon any ship which lists more than forty degrees. This supplements the usual Cruise Line guarantee of a fifty dollar shipboard credit (on your next cruise within the following year) for the survivors of any ship that sinks because of a collision with uncharted islands. It does not cover collisions with charted islands or incidents owing to transient departures from safe procedures in order to enhance the dashing image of the young Captain, or other Acts of God.

Upon completing that trip or reaching shore in a lifeboat, whichever is first, we spend four days visiting friends on the west coast of Florida. Then home again. By air. See you February 19!

*Melinda Coffey Armstead*



**Painless and Economical**

If you use the internet, why don't you have the weekly newsletter sent to you via email? It is fast, easy and saves the church money — here's what to do: Send an email to the office at [citf@mbay.net](mailto:citf@mbay.net) and ask Kay to put you in the list. You will receive it early every week!

**Church in the Forest**  
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**Address service requested**

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# Church in the Forest

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Monday morning, January 23, 2012

Dear members and friends,

At the end of this newsletter, I want to share with you a thought which, it is hoped, will assist us in our journey through the week. In the meantime, I want also to offer you a part in the services before we enter the Lenten Season:

**Sing your favorite hymn.** If you have a favorite hymn, let me know and we will try to include it in the services of February 5, 12 and 19, leading us up to *Ash Wednesday*. Please either email me at [wubr727@gmail.com](mailto:wubr727@gmail.com), or Kay at the church office, [citf@mbay.net](mailto:citf@mbay.net), or call 624-1374 and leave your request there.

**Upcoming Event.** The Church in the Forest has been invited to take part in a *Prayer Service for Christian Unity* to be held at All Saints' Episcopal Church, Dolores and Ninth in Carmel, this **Wednesday, January 25, at 7:00 pm.**

**New sound system.** Our new sound system is in place, and we want to know if you are receiving the message loud and clear. It will take a wee while to get it right on target, but our intent is to have the best sound system possible. Also, in keeping with bringing things up-to-date, a hand sanitizer has been placed right inside the church door for your use.

**Reception of New Members** will be held during the worship service this coming **Sunday, January 29**. If you are interested in uniting with Church in the Forest, here is an opportunity to join. Please either call Kay or Bill at the church office. We look forward to hearing from you. That day is also our **Annual Congregational Meeting**, which will be held following the worship service. The purpose of the meeting is to present the budget for the year and to rejoice in the blessings of God to us as Christ's church in this beautiful part of the country.

**Memorial Service.** A service of thanksgiving for the life of Barbara Nelson will be held at CitF this Sunday afternoon, **January 29, at 2:00 pm.** We extend our thoughts and prayers to the family and give thanks for Barbara's spiritual contribution to so many.

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**Save the Dates.** Please put **Tuesday, February 21, at 5:00 pm** on your calendar for our *Shrove Tuesday* celebration in Douglas Hall, followed by the *Ash Wednesday* service, **Wednesday, February 22, at 6:00 pm**, in the chapel.

**Thought for the week: Spiritual Maturity.** Years ago, I read a book by one-time missionary, E. Stanley Jones who, at that time, was in all probability the world's most-read religious writer. Here is something important he said on the subject of Christian maturity: "The first step in gaining maturity is to accept the responsibility for being who we are. The choice is always ours. Both God and life anticipate maturity. Within everything, from the lowest cell to the highest man, is an urge for completion—everything reaches up toward maturity. If, therefore, we are not mature it is obvious that we are blocking the life urge within us. All of God's resources are behind those who will to be mature."

See you in church,



William B. Rolland

## Calendar

### Sunday, January 29, 2012

**8:30 AM** Bible Study with Charles Anker. Topic: 1 Peter 1:1-10, Great Facts of Christian Life

**9:15 AM** Music Prelude

**9:30 AM** Morning Prayer

**Passages** Proverbs 29: 1-8; Psalm 112: 1-10; Mark 1:21-28

**Lector** Judy Fletcher

**Crucifer** Vicki Spranza

**Flowers**

**Cookies** Mary Janet Barger and Alison Burleigh

**Altar Care** Carolyn Sanders and Leonora Branca

**Ushers** Linda Banner and Jack Davis

**Sermon** the Rev. Dr. William B. Rolland

**Title** A Question of Authority

**Sunday, January 29, 2012**, New members received during service—**Congregational Meeting** to approve the budget following the service. *Pledge envelopes are available, for those who requested them, at the back of the church. If you want envelopes, but haven't requested them, you may contact the church office.*