

Music Box

FEBRUARY 26, 2017

The Dixie Syncopators ~ Carlton Reiley, Leader
Dick Robins, cornet Tony Altwies, clarinet
Les Brock, trombone Richard Eckhart, tuba
Dave Norris, banjo Rich Owens, piano

Hillet Botha, piano

CHAPEL CONCERTINO FOR MARDI GRAS

- Alexander’s Ragtime Band Irving Berlin (1888-1989)
- By and By traditional
- Just a Closer Walk With Thee traditional
- When You’re Smiling..... Fisher, Shay and Goodwin
- Lonesome Road Shilkret & Austin
- What a Wonderful World Weiss & Douglas
- Count Your Blessings..... Irving Berlin
- When the Saints go Marching In traditional

A warm welcome back to the **Dixie Syncopators** for our traditional annual celebration of *Mardi Gras*, the end of Epiphany and the beginning of Lent next week. If your toes want tappin’ you’ve come to the right place. Please give the guys your best CitF welcome. Thanks to Les Brock for filling in for Carlton Reiley, faithful leader of the band and trombone player. Despite health challenges, Carlton still plays his finest instrument—his musical joy of life.

If you would like to hear more Dixieland, the **37th Annual Jazz Bash by the Bay is March 3-5** this year at the Monterey Waterfront and in the Golden State Theater. Look for pianist Rich Owens, appearing with the **Bye Bye Blues Boys** along with traditional jazz, ragtime, swing, gypsy jazz, zydeco and blues. (info@jazzbashmonterey.com)

EnJOY!

Melinda Gray Hornshead



Painless and Economical

If you use the internet, why don't you have the weekly newsletter sent to you via email? It is fast, easy and saves the church money—here's what to do: Send an email to the office at citf@mbay.net and ask Sherry to put you in the list. You will receive it early every week! Please visit: churchintheforest.org

Church in the Forest
3152 Forest Lake Road, Pebble Beach
P.O.Box 1027, Pebble Beach, CA 93953

Address service requested

Non-Profit Org.
U.S. Postage
PAID
Permit No. 28
Pebble Beach, CA
93953

Church in the Forest

at Erdman Chapel, Stevenson School • 3152 Forest Lake Road,
Pebble Beach • P. O. Box 1027, Pebble Beach, CA 93953
831-624-1374 email: citf@mbay.net • www.churchintheforest.org

Monday morning, February 20, 2017

Dear Friends,

This week's gospel lesson has us hearing Jesus's teachings about worry. How do you deal with all your worries and nagging work? Do you keep the Sabbath?

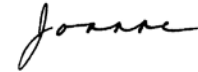
Last year, a pastor of a large, urban church talked about the imperative for keeping Sabbath. He wasn't talking to laity. He was talking to a room full of over-worked, over-stressed church pastors and non-profit leaders—the kind of people who believe they can't take a day off.

Pete Scazzero demanded we stop all work for 24 hours each week. His reasons were compelling (quotes from his website):

1. "On the Sabbath we embrace our limits. We let go of the illusion that we are indispensable to the running of the world. We recognize we will never finish all our goals and projects, and that God is on the throne, managing quite well in ruling the universe without our help.
2. "We accept God's invitation to rest, engaging in activities that restore and replenish us—from napping, hiking, reading, and eating good food to enjoying hobbies and playing sports.
3. "We answer one of the most important questions: what gives me joy and delight? And then, that's what we do. We don't do errands, laundry or email. Those are for another day.
4. "We ponder the love of God, the central focus of Sabbath. What makes a Sabbath a biblical Sabbath is that it is 'holy to the Lord.' We are not taking time off from God; we are drawing closer to him."

If you worry and are anxious about all that must get done, try keeping a 24-hour Sabbath and see what God will show you and how he will provide. On my own Wednesday Sabbaths, God has consoled, chastened, strengthened and inspired me as I've hiked, biked, baked and organized (my sources of joy and delight).

I hope everyone in our church will try a Scazzero-style Sabbath. Could you do this for Lent?



The Rev. Joanne Swenson, Th.D.

Read more at:

<http://www.emotionallyhealthy.org/4-steps-to-a-meaningful-sabbath/>

ANNOUNCEMENTS: All this month and into March during Fellowship Time, Small Group Exploration Conversations with Pastor Joanne continue.

2/26 How Shall We Live: Family and Life-style Questions for Christians

3/5 Questions that Keep Us Up At Night: God, Truth and Other Cosmic Stuff

3/12 Prayer and Spiritual Growth: Going Deeper as We Get Older

*** Sign up now for the *Shrove Tuesday Mardi Gras Party* on **February 28 at 5:30 pm**, by contacting the office: 831-624-1374 or email: citf@mbay.net. Come in costume and win a prize! ***

Calendar

Sunday	February 26, 2017—Eighth Sunday after the Epiphany
8:30 AM	Bible Study in the Multipurpose Room led by the Rev. Ken Feske Topic: Matthew 6: 25–34
9:15 AM	Chapel Concertino
9:30 AM	Morning Prayer
Passages	Isaiah 49: 8–16; Psalm 131; Matthew 6: 25–34
	Lector Victoria Carns
	Crucifer Judy Fletcher
	Flowers Marshall Haywood & Family; Bob & Judy Fletcher
	Cookies Victoria Carns
	Ushers Wim & Tonneke Van der Linden
	Altar Care Martha Jordan & Sandy Rice
Sermon	The Rev. Joanne M. Swenson, Th.D.
Title	"Finding Your Way to God: A Sermon Series for Epiphany" Sunday's Sermon: "The Worry-free Way"
Sunday	February 26, 2017, after church—Dedication of Plaques in the Memorial Garden
Saturday	February 25, 2017, 3:00 pm , Memorial Service for Jill Mitchell Wiley Lee at CitF.
Tuesday	February 28, 2017, 5:30, pm Shrove Tuesday Mardi Gras party
Wednesday	March 1, 2017, 6:00 pm Ash Wednesday service