

**Music Box**

— JULY 21, 2013 —

**Avery Griffin, bass-baritone**  
**Melinda Coffey Armstead, piano & organ**

Mystical Songs.....Ralph Vaughan Williams (1872-1958)  
Poems by George Herbert (1593-1633)

- 2. I got me flowers
- 3. Love bade me welcome
- 4. The Call
- 5. Antiphon

Mystical Songs..... R. V. Williams

- 1. Easter

Voluntary..... William Selby (1738-1798)

A very warm welcome back to Avery Griffin! Avery is an accomplished ensemble performer who has sung with such prestigious groups as the Trinity Wall Street Choir. He is currently a member of the choir of men and boys at St. Thomas Church, 5th Avenue, in Manhattan. As a passionate advocate of new music, Avery has premiered and performed works of Pascale Criton, Ezra Sims, Jason Eckardt, John Magnussen, James Bergin, and many others. He is also a charter member of both Roomful of Teeth (along with Dashon Burton), a vocal octet which premieres new works utilizing vocal techniques from around the world, and NotaRiotous, the chamber ensemble of the Boston Microtonal Society. A composer himself, Avery has had premieres of his works performed by ensembles including the Boston University Chamber Chorus.




**Painless and  
Economical**

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**Church in the Forest**  
 at Erdman Chapel, Stevenson School  
 3152 Forest Lake Road, Pebble Beach  
 P. O. Box 1027, Pebble Beach, CA 93953

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# Church in the Forest

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3152 Forest Lake Road, Pebble Beach  
P. O. Box 1027, Pebble Beach, CA 93953 • 831-624-1374  
email: citf@mbay.net • www.churchintheforest.org

Monday morning, July 15, 2013

Dear Members and Friends,

Getting up in the middle of the night is not really the problem, is it? It all depends on why you are getting up. Rising to go on an exciting excursion, or a hunting or fishing trip, is not really as painful as getting up a couple of hours later to go to work.

Sometimes a homemaker might do twice the work with half the effort in some community cause as it takes to do the laundry for the four-thousandth time.

The philosopher, Henry Nelson Wyman, once said that if you could force a person to do nothing but put one foot successively in front of another for days at a time s/he would either commit suicide or become insane. But if that person made the same movements time after time and week after week for the purpose of seeing his sweetheart or playing a game of golf with her best buddies, the leg-work would be invigorating and inspiring,

So what does this all mean? I think, first of all, it means that “work” shouldn’t have to become another four-letter word. It means that some of your daily effort needs to apply to something that you believe to be significant, otherwise you are misspending yourself. Building, selling, serving and homemaking can be meaningful, but it may not be enough. If it isn’t, you will get sick more often and even die sooner than you need to!

Incidentally, while you’re looking for significant ways to use your energy, spiritual gifts and intelligence, consider the need your church and community has for what you can offer.

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I want to thank all of you who take on the responsibility to pray for those who need that support, for the visitation teams who keep a watchful eye on those who can’t make it to church, and for those of you who invite friends and neighbors to “come and worship” and find a place of belonging. That will not feel like work, but will give you a spiritual “shot-in-the-arm.”

Keep up the good work and let it give you peace, contentment and a sense of meaning. Have a great week and see you in church,



William B. Rolland

## *Calendar*

**Sunday, July 21, 2013 — Don’t forget the valet parking!**

**8:30 AM Bible Study with the Rev. Charles Anker**

Topic: The Letter to the Hebrews. Hebrews 10: 19-25. The Meaning of Christ for Us.

Hebrews 10: 26-31. The Threat at the Heart of Things.

**9:15 AM Music Prelude**

**9:30 AM Morning Prayer**

**Passages** II Kings 20:12-19; Psalm 103:1-5, 15-18; Matthew 6:1-6, 16-21

**Lector** Lloyd Nattkemper

**Crucifer** Judy Fletcher

**Flowers** Gloria Wagner

**Cookies** Robert and Cynthia Perry

**Altar Care** Martha Jordan

**Ushers** Cynthia Perry and Marilyn Gorman

**Sermon** The Rev. Charles Anker

**Title** “Have a Dime, Show a Nickel”