

Music Box

— SEPTEMBER 22, 2013 —

Melinda Coffey Armstead, piano & organ

- I Will Say Goodbye (1969)..... M. Legrand (b. 1932)
arr. by Bill Evans(1929-1980)
- September Song (1938)..... Kurt Weill (1900-1950)
- Indian Summer (1955)..... Victor Herbert (1859-1924)
- Autumn Leaves (1955)..... Joseph Kozma (1905-1969)
arr. by Roger Williams (1924-2011)
- “O Welt, ich muss dich lassen”..... Heinrich Isaak (ca.1495)
- Chorale Prelude on “ O Welt...”..... Johannes Brahms (1833-1897)
(O World, I Now Must Leave Thee)
- The Fall of the Leaf..... Martin Pierson (1590-1650)
- Little Prelude in D minor.....J. S. Bach (1685-1750)

September 22 is the so-called Autumnal Equinox, i.e., the day the Earth reverses its direction of spin. For a more complete explanation, see the Wikipedia article, which I authored and then referred to for my facts. Has research gotten more efficient with the internet, or what?

But as to the meat of things, such as our travel plans: We leave September 25, traveling to Montreal (somewhere in Canada) to visit an old friend there, then board a boat in Quebec City to cruise down the St. Lawrence Seaway, stopping at Charlottetown on Prince Edward Island; Sydney and Halifax, Nova Scotia; Barcelona; docking finally in Boston. Visiting more friends on the east coast, including Paul and Emily Woudenberg, whom most of you know. Then driving to Rochester, New York, where Bob allegedly went to college and claims we will attend a reunion. Thence to Baltimore to visit his daughter and three grandchildren, then home, arriving October 17, poorer but wiser. Poorer, at least. Fortunately, Carol Kuzdenyi and friends will take over the music while I’m gone. Please give them your warmest CitF welcome!

(OK, OK, So I was joking about Barcelona. Big deal.)

Melinda Coffey Armstead



Painless and Economical

If you use the internet, why don't you have the weekly newsletter sent to you via email? It is fast, easy and saves the church money — here's what to do, Send an email to the office at: cif@mbay.net and ask Sherry to put you on the list. You will receive it early every week!

Church in the Forest

at Erdman Chapel, Stevenson School
3152 Forest Lake Road, Pebble Beach
P. O. Box 1027, Pebble Beach, CA 93953

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Monday morning, September 16, 2013

Dear Members and Friends,

The Beatitudes set forth the balanced and variegated character of Christian people. Each character is commended, inasmuch as each person who exhibits it is pronounced “blessed.” Each Beatitude has a futuristic bent ... “theirs is the kingdom of heaven” ... “they will be comforted” ... “they will inherit the earth.” There is a *congregational dimension* to the Beatitudes. They are addressed, not to individuals, but to persons going along the Way together.

On Wednesday evenings (5:30-6:45 pm) beginning October 9 for six weeks YOU are invited to join a journey of Soup, Salad and Study. A tasty supper of soup and salad will be shared (just bring an appetite) and then a time to reflect, share stories and interpret YOUR journey.

Each person brings different skills and expectations to any study and will need to develop her or his own method of preparation and involvement. We will listen attentively to one another when they describe what they have learned. The only requirement is that you come expecting God to teach you through the passage being discussed and through the other members of the group.

Together we will be Happy People. “Blessed are...” can be translated “Happy are...” Mihaly Csikszentmihalyi (love that name... 16 letters) is a Hungarian psychologist who teaches at Claremont Graduate School. He is noted for his work in the study of happiness and creativity, but is best known as the architect of the notion of flow.

In his seminal work, *Flow: The Psychology of Optimal Experience*, his theory that people are happiest when they are in a

state of flow—a state of complete absorption with the activity at hand. It is a state in which people are so involved in an activity that nothing else seems to matter.

“Happiness (or blessedness) is not something that happens. It is not the result of good fortune or random chance. It is not something money can buy or power command. It does not depend on outside events, but rather, on how we interpret them. Happiness, in fact, is a condition that must be prepared for, cultivated, and defended privately by each person. People who learn to control inner experience will be able to determine the quality of their lives, which is as close as any of us can come to being happy.”

You are invited to a gathering of Happy People on Wednesday evenings!!

Be Happy... Be Blessed,



Ken Feske

Calendar

Sunday, September 22, 2013

8:30 AM Bible Study with the Rev. Charles Anker

Topic: The Letter to the Hebrews 11: 23-29. Faith and its Secret

9:15 AM Music Prelude

9:30 AM Morning Prayer

Passages Jonah 3:10 - 4:1-11; Psalm 90:1-12; Acts 10:1-16

Lector Ken Harrison

Crucifer Lupita Harrison

Flowers Nancy and Maurice Gardner

Cookies Michele Axley

Altar Care Martha Jordan and Susie Pearson

Ushers Charlie Bancroft and Howard Colehower

Sermon The Rev. Charles Anker

Title “A Whale of a Tale”

Sunday, September 29, 2013 — Fall Anniversary Party, 5:00-7:00 pm

at the home of Nancy and Joe Verska, 2817 17-Mile Drive, Pebble Beach.

Contact the church office to reserve your place!

Sunday, October 6, 2013. The Blessing of the Animals